



# SUMMER PROGRAM

## APRIL 8-MAY 4

### MONTH OF 'PSYCHO SPIRITUAL INTEGRATION'

- April 8-13 : Psycho-Spiritual Integration
- April 15-20 : Contemplation in Action
- April 22-27 : Mystical Spirituality
- April 29-May 4 : Psychological Health & Spiritual Well-being

## MAY 6-JUNE 1

### MONTH OF 'INNER HEALING SPECIAL'

- May 6-11 : Effective Management of Emotions
- May 13-18 : Healing the Inner Child
- May 20-25 : Group Therapy
- May 26-June 1 : Inner Healing Retreat

### We are Specialized in..

- ✓ One Month Guided Contemplative Retreat (to be a Mystic)
- ✓ Personal Guided Retreats (any number of days)
- ✓ Training in Meditation
- ✓ Spiritual Direction & Counselling

### *Holiday Special Retreats*

- 01** Dussehra Holidays in October  
October 13-19 and October 20-26
- 02** Dipavali Holidays in November  
November 10-16
- 03** Summer Holidays Retreats  
Lenten Retreat: March 11-15
- 04** Emmaus Experience  
April 8-14
- 05** Transformation in the Risen Lord  
May 5 - 10
- 06** Pentecost Experience - led by the Spirit  
May 19-25

