

RYSHIVANA

A Centre for Inner Silence and Contemplation

8
MONTHS

**SPIRITUAL
RENEWAL
PROGRAM**

**FOR PRIESTS
RELIGIOUS
& LAITY**

- Aug 1-4 : Orientation
Aug 7-11 : Fundamentals of Prayer Life (Contemplative & Active)
Aug 14-18 : The Prophetic Vocation of Religious
Aug 21-25 : Spirituality of the Beatitudes
Aug 28-Sep 1 : Positivity Prescription: Wellbeing and Stress Management
- Sep 4-8 : Liturgical Spirituality
Sep 11-15 : Prophetic Spirituality
Sep 18-22 : Mariology: Spiritual Journey with Mary
Sep 25-29 : The Holy Church: Mater et Magistra
- Oct 2-6 : Psycho-Spiritual Integration
Oct 9-13 : The Bible: The Basics of Its History and Theology
Oct 16-20 : Spiritual Discernment
Oct 23-27 : Johannine Spirituality and the Role of Women in Jesus' Life
Oct 30-Nov 3 : Ethical Challenges in Spirituality
- Nov 6- 10 : Biblical Discipleship
Nov 13-17 : Jesus the Sadguru: Christological Investigations
Nov 20-24 : Women Saints and Mysticism
Nov 27-Dec 1 : Mass Media- Challenges and Skills
- Dec 4-8 : Eucharist: Source and Summit of Christian Life
Dec 11-15 : Emotional Integration and Spiritual Maturity
- Jan 8-12 : Aging Gracefully
Jan 15-19 : Discernment of Spirits: Understanding the Spiritual World
Jan 22-26 : Schools of Spirituality & Masters of Spiritual Life
Jan 29-Feb 2 : Spiritual Maturity of Women Religious in the Church
- Feb 5-9 : Treasures of Indian Spirituality
Feb 12-16 : Spiritual Growth: Being Your Higher Self
Feb 19-23 : Spiritual Wealth of the Psalms
Feb 26-Mar 1 : Suffering and Sanctification as Science of the Cross
- Mar 4-8 : Group Dynamics: Community Building Skills
Mar 11-15 : Retreat

**REGISTER
NOW!**

**94490 83880
81234 06287
70385 62455**

Enroll now for any particular course for a week, month, three months or six months.
Be enriched by the Masters of Spiritual, Biblical, Psychological and Liturgical experts.
Book your stay (attached) for the spiritual renewal in the most beautiful place in Mangalore.

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